



# Rockwall

INDEPENDENT SCHOOL DISTRICT

## ROCKWALL INDEPENDENT SCHOOL DISTRICT SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

Date: November 29, 2023

Time: 5:00 PM

Rockwall ISD Administration Office  
1050 Williams Street  
Rockwall, TX 75087

### AGENDA with MINUTES

1. Call to Order and Establish a Quorum  
**Patrick Just called the meeting to order at 5:04 PM and began recording. Quorum of 8 voting members was present.**
2. Welcome and Introductions  
**Members present: Farrah Brabson, Daysha Crain, Stacy Dorsey, Rebecca Stuart, Amber Woodfield, Shawn Hughes, Patrick Just, Kim Pugsley, Nichól Smithers**
3. Election of Officers  
**Patrick Just called for nominations for SHAC Officers: Chair, Co-Chair, and Secretary. Nominations were received and voting was conducted.**  
**Chair:** Nichól Smithers nominated Patrick Just, 2nd by Farrah Brabson, vote unanimous  
**Co-Chair:** Daysha Crain nominated Rebecca Stuart (parent member), 2nd by Shawn Hughes, vote unanimous  
**Secretary:** Kim Pugsley nominated Nichól Smithers, 2nd Daysha Crain, vote unanimous
4. Presentation by the Children's Advocacy Center for Rockwall County  
**Farrah Brabson, Director of Family Advocacy & Community Engagement presented an overview of the Monique Burr Foundation (MBF) Child Safety Matters 5th grade lesson; MBF curriculum is approved by the Rockwall ISD Board of Trustees for 5th, 7th and 9th grade, and all parents are given the opt-in form in back to school forms plus two weeks before the presentation start.**

5. Presentation by the North Texas Food Bank

Quyên Pham Nutrition Education Specialist from the North Texas Food Bank (NTFB) presented an overview of the NTFB free nutrition education services. Available curriculum for students includes two programs for students in elementary or secondary, and two programs for parents, plus availability of a grocery store tour for parents/caregivers of students. Programs are at no cost to the school district and some are appropriate for after school programs.

6. Future Topics and Discussions

Patrick Just called for topics for future SHAC presentation topics. Shawn Highes and Daysha Crain brought the topic of student stress, time management and anxiety management, including parent-centered education on this topic. Patrick Just recommended inviting a high school counselor to an upcoming SHAC meeting to review the Coffee with Counselors program. Nichól Smithers will bring the results of the 2nd Triennial Assessment of the district's Local Wellness Policy.

7. Adjourn

The meeting adjourned at 6:22 PM